



FIRED UP & RARING TO GO

On 17th February, we ring in the Year of the Fire Horse. Unlike the previous Year of the Wood Snake – a time for shedding old habits and quietly recalibrating – this is a period of high octane energy; a time for decisive action and full forward movement. Whatever it is that you've been deliberating, this is your time to do it!

But take heed: traditional Chinese practitioners remind us that this intensity must be balanced with periods of quiet, to promote sustainable habits and avoid burnout. And luckily, we know just how to balance the exhilaration of a thrilling adventure with some well-earned downtime.

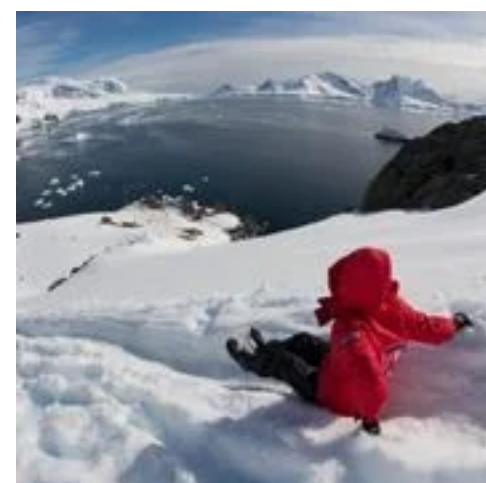
The shift in the Zodiac invites you to cast off the bowlines and throw caution to the wind. So if the Fire Horse has you itching for adventure, buckle up, and let's go!

[START PLANNING YOUR GREAT ESCAPE](#)



BE DARING

The energy of this year is an invitation to release your inhibitions and embark upon experiences that thrill you to the core!



TACKLE AN ACTIVE ADVENTURE

Travel is exhilarating, and just the experience of being somewhere exotic tantalises the senses and makes you feel alive. But for the active adventurers among us, that isn't enough. You will be itching to run, climb, pedal and paddle your way into the wilderness...and so you shall!

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STEP OFF THE MAP IN AFRICA

If you're a seasoned safari goer who's yearning for more, then deepest, darkest Africa holds the greatest allure of all. Embrace the trepidation and step off the map with us to experience Africa as most travellers can only imagine. We know a thing or two about this special place!

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THE 'DO BEFORE YOU DIE' LIST

The Fire Horse occurs only once every 60 years. If you want to embrace its energy, it's now or never! Cruise among the icebergs of the Arctic, snorkel with the sealions in the Galápagos, hike in lion territory or immerse yourself in the Buddhist spirituality of the Himalayas - seize the day!

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FIND YOUR PURPOSE

Align your new-found energy with a clear sense of purpose. This is the time to apply yourself to meaningful actions with focus and courage.



WILDLIFE CONSERVATION IN BOTSWANA | 8 DAYS

A carefully curated itinerary designed specifically for those interested in witnessing wildlife conservation at the coal face. Travel from the salt-crusted Makgadikgadi to the lush waterways of the Delta, getting stuck into projects and meeting rangers, researchers, farmers and educators along the way.

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VOLUNTEER IN PERU'S SACRED VALLEY | UP TO 3 MONTHS

Sol Y Luna is a charming Relais & Châteaux hotel nestled in the Sacred Valley near Machu Picchu, and their foundation supports children from backgrounds of extreme poverty. Volunteering opportunities range from short projects to three month placements, and include roles in sports, education, psychology, nursing and more.

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FACTOR IN REST TIME

Remember that rest is essential if you want to sustain your energy levels through this high-energy year.



IN LATIN AMERICA

VIRA VIRA, PATAGONIA

Hiking, horse riding and hot springs, all set on a verdant working estancia in the Chilean Lake District. Here, snow-dusted peaks tower above ancient forests, and glacial lakes mirror the changing light to bring a sense of quiet. You can either kick on, or kick back.

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IN AFRICA

PEPONI HOTEL, LAMU

Beautiful breezy beaches layered with the beguiling marks of Arab merchants, Omani poets, Colonial explorers, hippies and film stars. Lamu is loved by the A-list but remains charmingly under the radar, and Peponi Hotel is the original coastal hang out.

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IN INDIA

SHAKTI PRANA, HIMALAYAS

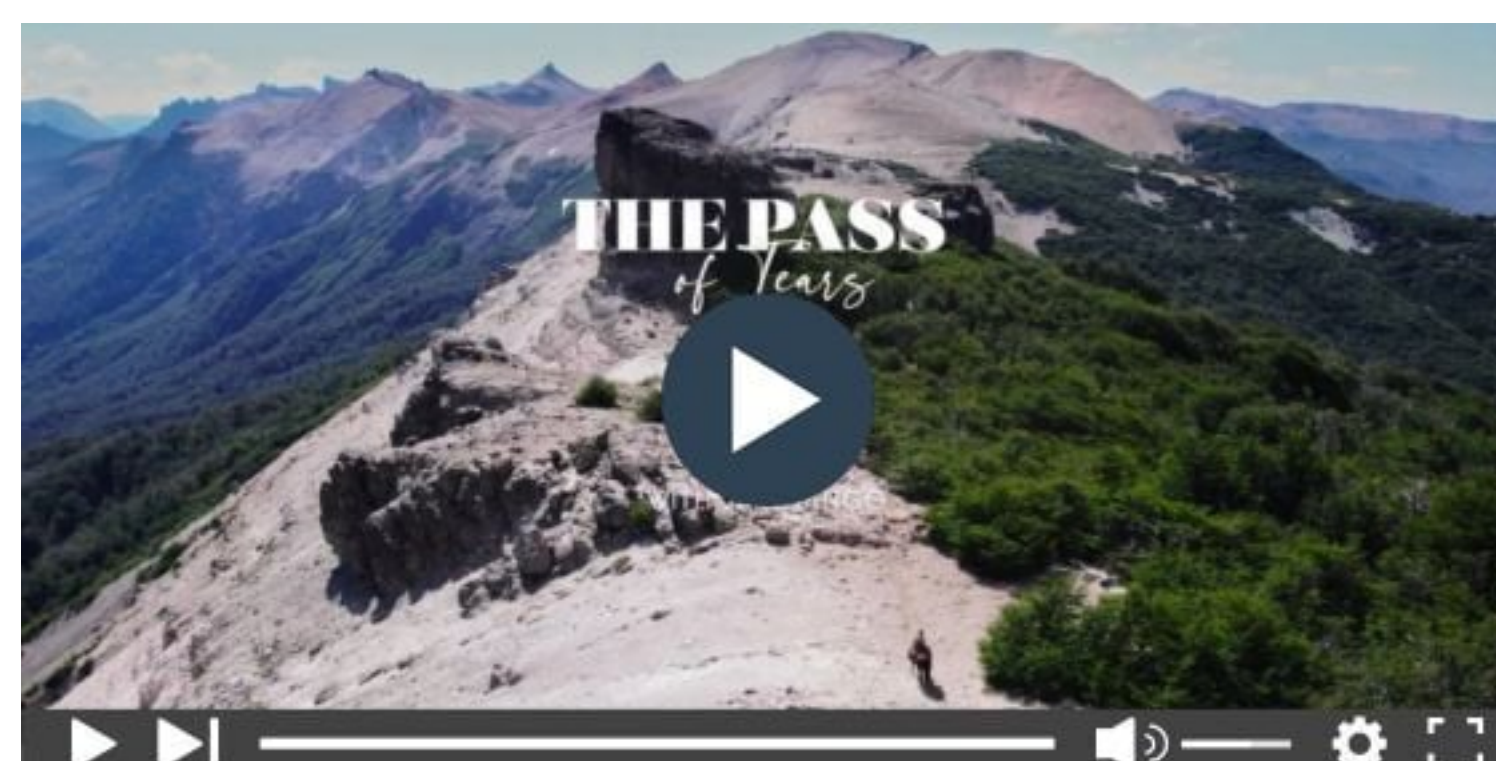
Last year saw the opening of Shakti Prana and a walkable sister lodge, Panchachuli, high in the Himalayas. Expect remoteness, pure air, pared-back elegance and spectacular views in every direction. The silence of the landscape will bring stillness to even the busiest year.

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SADDLE UP - LITERALLY!

In a period defined by the thrill of galloping into new territory, saddle up and ride on horseback through landscapes that mirror your new-found sense of freedom.

[EXPLORE OUR HORSEBACK COLLECTION](#)



SPEED, COURAGE & FORWARD MOTION

THINGS TO DO MORE OF:

- **Be brave and take the plunge** - this year rewards action over hesitation
- **Get physical** - Match the energetic nature of the Zodiac with horse riding, hiking, or even strength work
- **Widen your horizons** - Embrace the freedom-loving nature of the horse by exploring new places
- **Make time to rest** - Slow down and spend time in nature to balance the year's intensity

THINGS TO DO LESS OF:

- **Confuse busyness with progress** - set clear goals and stay focused
- **Overschedule** - ensure the 'gallop' is sustainable by protecting your rest and recharge time
- **Rely on others** - trust your instincts and foster self-independence instead



FEELING INSPIRED?

Tap into the dynamic energy of the Year of the Fire Horse and make this the year you turn intention into real momentum!



[CONTACT US TO START PLANNING](#)

